Autumn Term 2

Eat Better Do Better

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	is Planet Friendly Day				
Week 1 WB 16/11/26 7/12/26	Veg 1: Margherita Pizza (v) herby roast mini potatoes (v) baked beans Chocolate muffin (v) or fruit	Veg 1: Scrumptious Quiche (v) or pasta, peas & bacon farm house mixed veg & bread Chewy tropical flapjack (v) or fruit	NEW! Veg 1: Traffic light cous cous (v) or Pork sausages, Yorkshire Pudding (v) Gravy (v), Mash potato (v), carrots, broccoli Syrup Sponge with custard (v) or fruit	Veg 1: Power Ball & Pasta (v) or Pork pasta bolognaise garlic bread (v) Carrots, peas Ginger muffin (v) or fruit	Veg 1: Spicy beanburger (v) or Fish Fingers Mash potatoes (v), baked beans, peas, veg of the day. Ice cream pot (v) or fruit
Week 2 WB 2/11/26 23/11/26 14/12/26	Veg 1: Cheesy pasta (v) Veg 2: Power pesto pasta (v) Homemade bread (v) Seasonal vegetables, baked beans Zesty carrot muffin (v) or fruit	NEW! Veg 1: Mexican tortilla stack (v) or Cottage Pie (Beef) peas & baby carrots Chocolate shortbread (v) or fruit	Veg 1: Tangy vegetable noodle stir fry (v) or Roast gammon baby roast potatoes (v), carrots, cauliflower cheese (v) Cornflake tart & custard (v) or fruit	NEW! Veg 1: Butternut Squash Curry & Rice(v) or Pasta, peas & bacon Mixed vegetables & bread Chocolate chip cookie (v) or fruit	Veg 1: Crunchy cauliflower buffalo wings (v) or Breaded fishcakes mash potato (v), baked beans, peas, veg Frozen yoghurt (v) or fruit
Week 3 WB 9/11/26 30/11/26	Veg 1: Smooth tomato & basil pasta (v) Homemade bread (v) Peas, sweetcorn or baked beans Blueberry muffin (v) or fruit	Veg 1: Cheese & tomato pizza (v) Veg 2: (v) sausage & red pepper pizza diced potatoes (v) sweetcorn or spaghetti rings lemon drizzle cake (v) or fruit	NEW! Veg 1: Vegetable Roll (v) or Chicken & Ham Pie Diced potato (v), carrots, cabbage, gravy (v) Fruit jelly (v) or fruit	NEW! Veg 1: Ratatouille Pasta Bake (v) or Pork meatball in tomato sauce with pasta, broccoli, diced carrots Shortbread biscuit (v) or fruit	Veg 1: Mex style non carne & rice (v) or Chicken burger in a bun potato wedges (v), ** baked beans, peas or veg of the day Raspberry ripple mousse (v) or fruit

THIS SCHOOL IS A NUT FREE ZONE!

LET'S GO ZERO 2030

Mondays and Fridays Tuesday to Thursday



Cheese or beans

Cheese & tuna

Jacket potatoes and a salad bar are available every day!
To order jacket potatoes for Pre School/Reception/KS1 children, please call the office by 9am.
Please advise us of allergies and any dietry requirements.

National Cake Day November 26th



Christmas Dinner Day Wednesday 16th December

