



School RSHE Appendix

St Peter's C of E Academy

Appendix to the Aspire & Shine Education Trust RSHE Policy — Academic Year 2026/2027

This appendix should be read alongside the Aspire & Shine Education Trust Relationships, Sex and Health Education (RSHE) Policy. While the Trust policy sets out the principles, statutory requirements and framework that apply across all schools, this appendix provides the local, academy-specific operational information referred to within it.

1. Key Contacts

The following members of staff can be contacted regarding RSHE at this school:

Role	Name	Contact details
Headteacher	Richard Tomlinson	office@st-peters.notts.sch.uk 01949 20226
RSHE Lead / Coordinator	Richard Tomlinson	office@st-peters.notts.sch.uk 01949 20226
Designated Safeguarding Lead (DSL)	Richard Tomlinson Allison Gibbens Lucy Williams Judith Johnson (Governor DSL)	office@st-peters.notts.sch.uk 01949 20226 safeguarding@st-peters.notts.sch.uk
SENDCO (where appropriate)	Lucy Williams	SEND@st-peters.notts.sch.uk 01949 20226
Named contact for parent enquiries regarding RSHE	Richard Tomlinson	office@st-peters.notts.sch.uk 01949 20226
Named contact for menstrual wellbeing support	Emily Walton	office@st-peters.notts.sch.uk 01949 20226

2. Curriculum Delivery

2.1 Delivery model and curriculum overview

Scheme or resources used: www.1decision.co.uk

Delivery method (e.g. discrete lessons, cross-curricular.): discrete lessons and cross-curricular

Frequency of lessons: at least weekly

Staff responsible for teaching RSHE: All teachers

Summary of curriculum content by year group:

<https://www.eastbridgfordstpeters.co.uk/pshe-and-rse>

<https://www.eastbridgfordstpeters.co.uk/equality>

2.2 Curriculum and assessment links

RSHE curriculum overview (website link): <https://www.eastbridgfordstpeters.co.uk/pshe-and-rse>

PSHE/RSHE policy page (website link): <https://www.eastbridgfordstpeters.co.uk/policies-strategies>

Assessment and progression information (website link): <https://www.eastbridgfordstpeters.co.uk/pshe-and-rse>

3. Working with Parents and Carers

3.1 Informing and engaging parents

- How and when parents are notified of RSHE content ahead of teaching
- Opportunities for parents to view curriculum materials
- Arrangements for parent information sessions or workshops
- How parents can raise a question or concern about RSHE

Letters to parents (contribution opportunity to Policy), school Newsletters, links to 1decision scheme (parents section), workshops letter with content and any questions beforehand, for any concerns parents should contact the school office

3.2 Withdrawal from Year 6 sex education

Who parents should contact to request withdrawal: *school office / Headteacher*

Process for discussing the request (e.g. meeting with Headteacher): *call or face to face meeting with the Headteacher via office appointment*

Arrangements for the child during withdrawn lessons: *suitable provision in place, consultation with the parents too*

Timeframe for responding to withdrawal requests: *usually 48 hours or less*

4. Other School-Specific Information

SEND offer, Equality statement and Protected Characteristics school website page, safeguarding page with links for parents & children

5. Review

Appendix last reviewed: *start of Autumn 2026*

Next review due: *Autumn 2027*

Reviewed by: *Headteacher*