

# ***Travel: LET'S...*** **...RUN AN ACTIVE TRAVEL CAMPAIGN**



***The way everyone travels impacts traffic around the school site, safety, biodiversity, mental health and air quality. Therefore, tackling travel has serious impact on a variety of areas. The options for reducing transport emissions will depend on location and accessibility of the school site, and the distance pupils and staff travel.***

***All information and guidance provided regarding travel to school by the Department for Education can be found [here](#).***

## **SUGGESTED PATHWAYS TO CLIMATE ACTION**

### **Get walking!**

#### **Living Streets: Walk to School Week**

**Walk to School Week happens in May.** Over 1,000 schools and nearly 300,000 pupils walked to school for a whole week during the 2023 event.

Classes can work together to make as many active journeys as possible. Pupils can track their progress each day on the fun and interactive classroom wallchart. Individual activity diaries, daily stickers and end of week pupil rewards will complement this activity, reinforcing the benefits and keeping children engaged.

Classroom packs are available featuring differing, age-appropriate curriculum-aligned activities. Cost: £12.50 (January 2024)

### **On your bike!**

#### **Sustrans Week**

**Sustrans Big Walk and Wheel happens in March** and is the UK's largest inter-school walking, wheeling, scooting and cycling challenge. It inspires pupils to make active journeys to school to improve air quality in their neighbourhood.

**Cycle to School Week happens in September.** This week-long event encourages families to try cycling and scooting to school. It's a great way to celebrate the huge benefits an active school run brings, including the positive impact it has on children's health and wellbeing, local air quality, and on carbon emissions.

### **Walk, bike or scoot for the win!**

#### **Modeshift STARS Awards**

**Modeshift STARS** is the national schools awards scheme established to recognise schools that have demonstrated excellence in supporting cycling, walking and other forms of sustainable travel. The scheme encourages schools across the country to join in a major effort to increase levels of sustainable and active travel in order to improve the health and well-being of children and young people. Every school in England (outside of London) can participate in Modeshift STARS for free.

**Work your way through the accreditation scheme and get nominated for a Modeshift STARS award!**