

5/1/2023

Ear piercings & PE lessons - update

“Schools have a duty of care to ensure students are able to participate actively without unnecessarily endangering themselves or those working around them.

The Association for Physical Education (afPE) strongly recommends the practice of removing all personal effects at the commencement of every lesson to establish a safe working environment. This applies to all ear and body piercings, including retainer and expander earrings.”



It is a firm recommendation from St. Peter's Academy that all children follow this advice and remove all piercings before a PE lesson for their own safety.

If this is not possible because the child has had their ears pierced during term time, they should bring microporous tape to cover their earrings for PE lessons. Recent health and safety recommendations are to consider less sticky alternatives to plasters. Ultimately, it is down to the parents to provide microporous tape or plasters.

As per the guidance above, it is recommended to cover pierced ears for any sporting activity. Notts CC go further and **do not allow** earrings in their swimming pools / swimming lessons at all.

With this in mind, children will be asked to take their earrings out for all PE and sports activities or have their earrings taken out before they come to school if they cannot do this themselves. If the earrings are new and cannot be taken out, children will be expected to cover the earrings with tape by themselves. Staff will not be able to help with this.

If ear piercings are to be done we ask parents/carers to consider using the summer holiday as a timeframe.

Thank you for your consideration
Mr Tomlinson