Mrs Marston’s Food Glorious Food Quiz

1. What is the difference between a Victoria Sandwich and a true sponge cake?
2. What is the main ingredient in black pudding?
3. A Baked Alaska has a secret, very cold, ingredient in the centre which is amazing as it gets baked in a very hot oven – name this ingredient?
4. How many items are in a baker’s dozen?
5. Dhania, Chinese parsley, cilantro and Mexican parsley are all different names for one herb that is used a lot in Asian cookery; what do we call it here?
6. Satay sauce contains a) cashew nuts, b) almonds, c) brazil nuts, d) peanuts e) pinenuts
7. What is the difference between a vegan diet and a vegetarian diet?
8. Name 5 fish beginning with the letter S (0.2 points given for each correct answer). No shell fish allowed!
9. Name 5 different types of shellfish (0.2 points per correct answer).
10. The largest producer of avocadoes in the world supplies 45% of the international avocado market? Name this country!
11. What is a good source of vitamin C?
12. Which grains contain gluten? I am looking for 3
13. Which part of the beast does a rump steak come from?
14. Eggs, olive oil, and lemon juice are the key ingredients of ?
15. List 3 methods of preserving food – there are many!
16. Risotto is usually made with a) spaghetti, b) couscous c) rice d) potatoes.
17. How do you make pigs in blankets? (the answer – you don’t, you order them online will not get any points!)
18. Chick peas are the main ingredient in which dip?
19. List 10 different ways to cook potatoes (0.1 points per correct answer)
20. Mrs Marston’s food of the gods is some people’s idea of their worst nightmare! What is it? It was originally made in Burton on Trent as an off shoot of the brewing industry.

Mrs Marston’s Food Glorious Food Quiz Answers

1. What is the difference between a Victoria Sandwich and a true sponge cake?A true sponge doesn’t have fat (butter or margarine) in.
2. What is the main ingredient in black pudding? Pig’s blood.
3. A Baked Alaska has a secret, very cold, ingredient in the centre that is amazing as it gets baked in a very hot oven – name this ingredient? Ice cream
4. How many items are in a baker’s dozen? 13
5. Dhania, Chinese parsley, cilantro and Mexican parsley are all different names for one herb that is used a lot in Asian cookery; what do we call it here? Coriander
6. Satay sauce contains a) cashew nuts, b) almonds, c) brazil nuts, d) peanuts e) pinenuts Peanuts
7. What is the difference between a vegan diet and a vegetarian diet? Vegetarians eat eggs, dairy products such as milk and butter. Vegans don’t eat any animal products.
8. Name 5 fish beginning with the letter S (0.2 points given for each correct answer). No shell fish allowed! Salmon, sardine, snapper, swordfish, seabass, shark, sole, seabream, sturgeon, skate, smelt, sprats plus lots more!
9. Name 5 different types of shellfish (0.2 points per correct answer). Scallops, mussels, clams, cockles, whelks, oysters, shrimp, prawns, lobster, langoustines, crayfish, cuttlefish, crabs
10. The largest producer of avocadoes in the world supplies 45% of the international avocado market? Name this country! Mexico
11. What is a good source of vitamin C? Citrus fruit
12. Which grains contain gluten? I am looking for 3 Wheat, barley, rye
13. Which part of the beast does a rump steak come from? Buttocks – bottom!!
14. Eggs, olive oil, and lemon juice are the key ingredients of? Mayonnnaise
15. List 3 methods of preserving food – there are many! Tinned, bottled, frozen, dried,
16. Risotto is usually made with a) spaghetti, b) couscous c) rice d) potatoes. Arborio rice
17. How do you make pigs in blankets? (the answer – you don’t, you order them online will not get any points!) Wrap sausages in bacon
18. Chick peas are the main ingredient in which dip? Houmous
19. List 10 different types of cooked potatoes (0.1 points per correct answer). Mashed, boiled, chips, sautéd, fried (crisps), dauphinoise, baked, roast, wedges, rissoles, hash brown, hasselback, latka, gnocchi, aloo tikki, colcannon, clapshot, boxty, patatas bravas, Lyonnaise, Pommes Anna, rumbledethumps,
20. Mrs Marston’s food of the gods is some people’s idea of their worst nightmare! What is it? It was originally made in Burton on Trent as an off shoot of the brewing industry. Marmite