

WALESBY FOREST

The Best in Outdoor Adventure

A Not-for-Profit Organisation















Year 4 Residential Trip to Walesby Outdoor Activity Centre

Monday 30th March to Wednesday 1st April 2020
Departing Monday 11am

Returning Wednesday before the end of the school day

Staff: Mrs Archer Dytch, Mr Tomlinson, Miss Fisher, Mr Jennings, Miss Carberry

Sleeping bag and pillow required

No electronics. Warm Outdoor clothing – arms and legs covered. Trainers with good grip for climbing, not loose fitting.

Pocket money- £5 max. Gift shop on site.

EV4 form MUST be completed by parents beforehand.

Medicines to Mrs Archer Dytch.



Welcome to Walesby Forest

From the moment you arrive we are here to ensure your stay is enjoyable and memorable









RESIDENTIAL ACCOMMODATION KEMP LODGE

Kemp Lodge Opened in April 2013.

The lodge sleeps up to 36 each and has its own kitchen and dining area, plus improved access and disabled facilities.

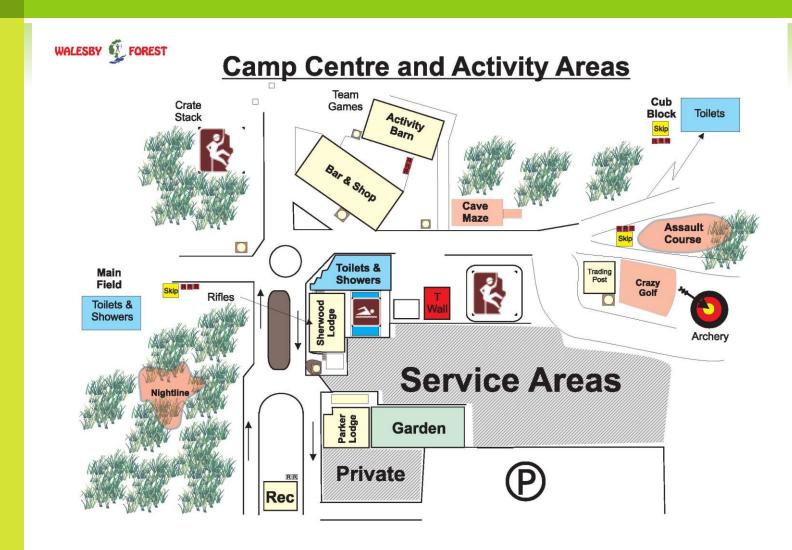








LODGES AND TENTED CAMPS ARE LOCATED CLOSE TO THE CAMP CENTRE AS WELL AS MOST ACTIVITIES EXCEPT FOR THE WATER SPORTS.









Packed lunch for Monday to eat upon arrival Dinner Mon

Tues

Wed

Breakfast

Lunch

Dinner

Breakfast

Lunch

Schools Menu

Chicken Burger, Chips, Peas

Sausage, Spaghetti hoops and toast

Donuts

Scones

Wraps, Wedges and salad

Bolognese, Pasta, Garlic Bread

Apple crumble and ice cream

Fruit and Ice Cream

Cereal, Fruit Juice

Cereal, Fruit Juice

Bacon, Beans, Toast

MiniFish, Chips, Peas

Walesby Forest Centre - Activity Programme

Organisation Name: East Bridgford St Peter's CofE Academy | Number Of Groups: 4 | Nights: 2 | Arrival Date: 12:00, 30 Mar 2020 | Departure Date: 12:00, 01 Apr 2020

Session	Time	East Bridgford St Pe 1	East Bridgford St Pe 2	East Bridgford St Pe 3	East Bridgford St Pe 4	
Monday 30 Mar						
Mon	14:00 - 15:00	Team Building 1	25ft Climbing 1	3 G Swing	Cave Maze	
Mon	15:15 - 16:15	25ft Climbing 1	Team Building 1	Cave Maze	3 G Swing	
Mon	19:30 - 19:45	Twilight	Twilight	Twilight	Twilight	
Session	Time	East Bridgford St Pe 1	East Bridgford St Pe 2	East Bridgford St Pe 3	East Bridgford St Pe 4	
Tuesday 31 Mar						
Tue	10:00 - 11:00	3 G Swing	Cave Maze	Team Building 1	25ft Climbing 1	
Tue	11:15 - 12:15	Cave Maze	3 G Swing	25ft Climbing 1	Team Building 1	
Tue	14:00 - 15:00	Leap of Faith	Assault Course	Absell	Zip Wire	
Tue	15:15 - 16:15	Assault Course	Leap of Faith	Zip Wire	Abseil	
Tue	19:30 - 19:45	Twilight	Twilight	Twilight	Twilight	
Session	Time	East Bridgford St Pe 1	East Bridgford St Pe 2	East Bridgford St Pe 3	East Bridgford St Pe 4	
Wednesday 01 Apr						
Wed	10:00 - 11:00	Zip Wire	Abseil	Assault Course	Leap of Faith	
Wed	11:15 - 12:15	Absell	Zip Wire	Leap of Faith	Assault Course	



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Mon	15:15 - 16:15	25ft Climbing 1
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Tue	15:15 - 16:15	Assault Course
Tue	19:30 - 19:45	Twilight
Session	Time	East Bridgford St Pe 1
Wed	10:00 - 11:00	Zip Wire
Wed	11:15 - 12:15	Abseil







CLIMBING WALL







3G SWING







TEAM BUILDING





What to Bring? "The Kit List"

- √ Sleeping bag / Pillow & Pajamas / slippers/crocs rooms
- ✓ Clothing labelled Warm coat / layers, plenty of comfortable clothes that you don't mind getting dirty and waterproof type jacket
- ✓ Old clothes and trainers with good grip for climbing
- √ Toiletries (Towels, shampoo, toothbrush, toothpaste, etc)
- ✓ Laundry bag / binbag / help to pack aware of what they have
- ✓ Water bottle
- ✓ Torch (if needed)
- ✓ Pocket money £5 max
 We have a shop onsite with souvenirs, snacks and drinks



FREQUENTLY ASKED QUESTIONS

- Mobiles Phones We advise not to bring electrical equipment in case they get lost – also mobile phones they are unlikely to work as there is a poor signal in the forest.
- Emergency Contact Walesby Office on 01623
 860202 during the day.
- School Mobile 07922728090

Arrival Information

- Arrival time is from 12pm (unless arranged otherwise)
- Check in at reception on arrival
 - o Teachers collect welcome pack / information / lodge keys etc
- Accommodation is not usually available till 2pm.(we do have space to store your bags)
- <u>Catering Information</u> (If provided)
- Breakfast, Lunch, Dinner Snacks in-between meals are not included.
- Bring your own pack lunch on the day of your arrival, we will provide a packed lunch on the day of your departure.
- Meals may be served with other groups.
- If given advance notice we will do our best to cater for any special dietary needs.
 - Vegetarian, vegan, allergy related.
- Approximate meal times and an idea of the types of menu's we offer are as follows: <u>Please double</u> <u>check these timings on your arrival:</u>
- 8.30am Breakfast Cereal, Toast, Juice and Cooked Breakfast.
- 12.30pm Lunch Rolls/Wraps, Jackets, Salad. Pudding Fruit, Doughnuts, Flapjacks. etc
- 5.30pm Dinner Spaghetti Bolognaise served with garlic bread, Chicken Casserole, BBQ served with salad and coleslaw. Pudding Crumble and Ice-Cream, Sponge and Custard, Ice Creams.