

DUKE'S BARN

2017



Welcome

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When...
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 - Activities
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- Medical Issues & Contact
Details

Who's Going?

36 Year 3 children: 18 boys 18 girls

Mrs Cains, Mrs Gilbey, Mrs Hampson and
Mr Walsh.

The staff at Duke's Barn on arrival.

What is Duke's Barn?

“Think of Duke's Barn as an outdoor classroom. No walls, no desks, but plenty of opportunity to learn. For the children to learn not only new skills, but also to learn about themselves.”

“Just as in the conventional classroom, learning outdoors is far more effective when it is challenging. At Duke's Barn there are plenty of challenges, both physical and intellectual.”



Why Go?

Participate in many exciting activities

Learn and practise new skills

Meet personal challenges both big and small

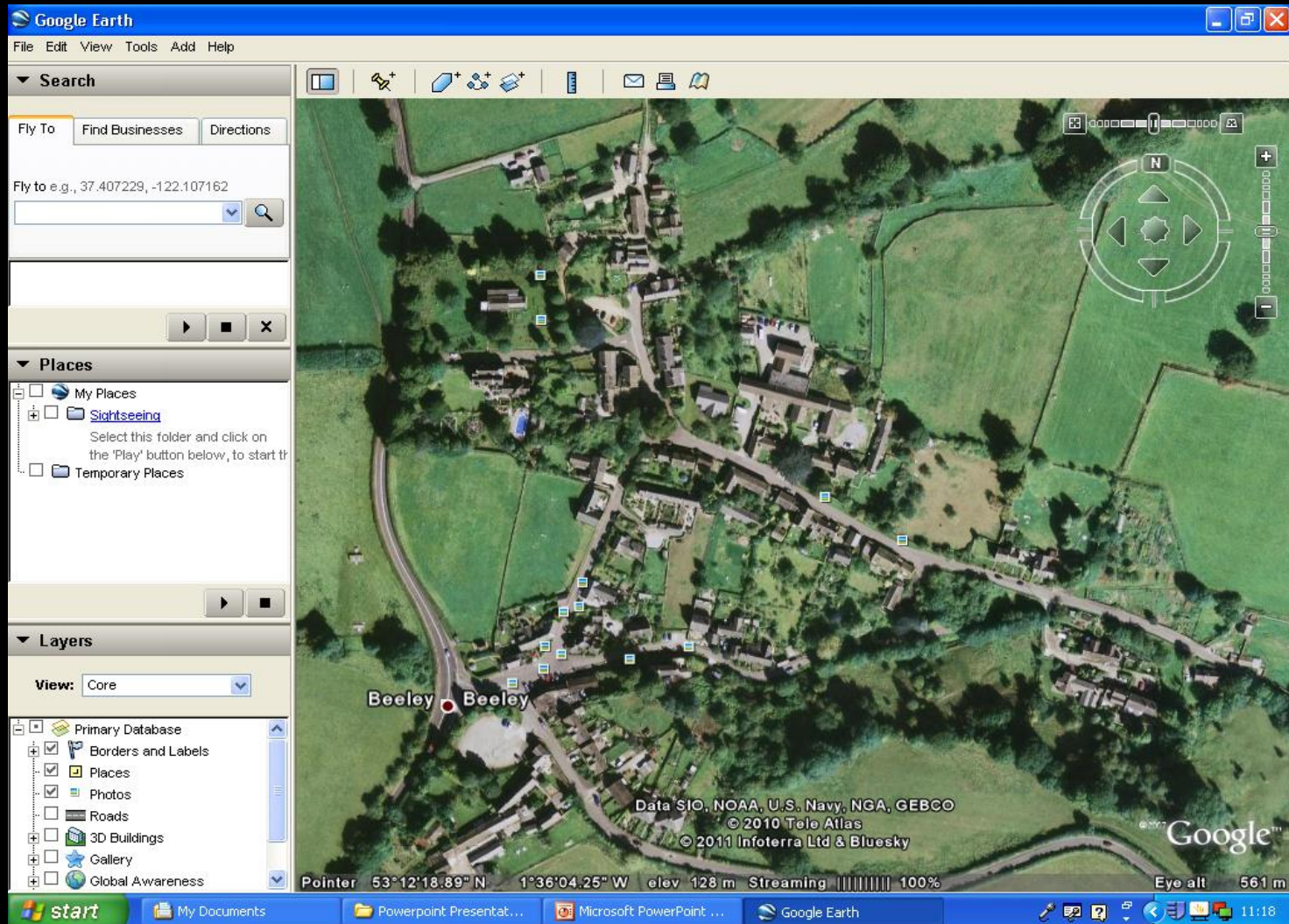
Develop an awareness of the needs of others

Team work and team challenges

**Gain a wider appreciation of the natural
environment and how to look after it**

Fun!

Where is Duke's Barn?





Itinerary

Wed 21st June: Arrive at school at **8.45 am**
(All children who need travel sickness tablets to have taken them for a **9.30 am** departure.)

Any medicines etc to be given to **Mrs Cains/Gilbey**.
(Clearly labelled with your child's name)

Suitcases to be left in classroom. Children will keep a small rucksack with them, containing a drink, snack, packed lunch and entertainment for the journey (book, comic, puzzles etc.)

A packed lunch will be required for Wednesday only.

Depart from school at **9.30 am**. Arrive at Duke's Barn at approx **11.00 am**.

Fri 23rd June: Depart Duke's Barn at approx **1.45 pm**.

Arrive back school at approx **3.30 pm**.
(Children to be collected at normal school finishing time)

Timetable

	Wed	Thurs	Fri
am	Travelling to Duke's Barn	Second group activity	Fourth group activity
	Safety talk and tour of the centre		
	Packed Lunch	Lunch	Lunch
pm	First group activity	Third group activity	Travelling home
	Tea	Tea	
	Evening activities	Evening activities	

The Activity Program.

- The children will be in activity groups of 10 (boys and girls)
- During our stay, each group will experience the planned activities at different times.
- The groups will rotate activities but will remain with the same leader and at least one member of school staff.
- The activity program has been carefully chosen for us by the staff, taking into account the age of our children and the time of year.
- The 4 daytime activities are.....

- Indoor rock climbing(half session) and outdoor rope swinging/team building/cooperation tasks(half session)
- Canoeing
- Weaseling
- Stream scrambling

A young boy wearing a red helmet, a white t-shirt, and blue shorts is climbing a rope wall. He is secured by a black harness and a red rope. In the background, an instructor in a green helmet and a black t-shirt stands on a wooden platform. Other children in red helmets are visible on a higher level of the climbing structure. The room has a high ceiling with exposed beams and fluorescent lights. Large windows on the right side provide natural light.

Indoor Climbing

Duke's Barn has its own climbing wall on site. Enthusiastic instructors provide active introductory sessions progressing through movement skills and basic rope work to build self confidence in a safe and exhilarating environment.

A group of children wearing red helmets are participating in a team building exercise on a grassy field. One child in a pink jacket is balancing on a rope, while others are standing on tires and holding ropes. An adult man stands on the left, observing. The background shows a wooden fence, trees, and a hillside.

Team Building

Within the grounds at Duke's Barn, the children are encouraged to work together to complete some challenging and adventurous tasks. Whilst these tasks are physical they also require a lot of brain power!

A photograph of a metal trailer parked on an asphalt surface, loaded with several red canoes. The canoes are stacked in two rows, with three in the front row and two in the back row. The trailer has a single wheel and a hitch. In the background, there are bare trees, a hedge with brown leaves, and a building. The sky is clear and blue.

Canoeing

A nearby lake provides a perfect environment for children to enjoy a session on flat water, learning basic skills and playing fun games to build confidence.

Stream Walking

Stream walking is highly popular with children.

It is a fun activity. Groups follow a stream valley, scrambling over rocks and boulders, splashing through pools, getting wet and meeting fun challenges set by the instructors.





Weaseling

A challenging experience where the children climb and explore rock formations. Squeezing and sliding their way through through tiny gaps and over huge boulders.

Equipment

The centre has an impressive range of safety equipment and can provide each child with waterproof coats, trousers, wellingtons and helmets appropriate to the activity

There is a large drying room for wet clothes!

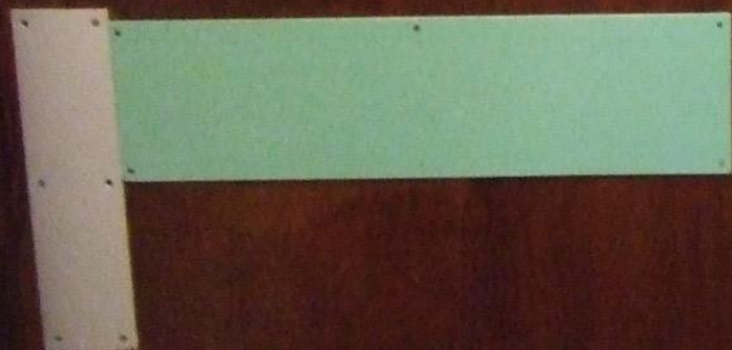


Evening Activities

- After a busy day children will have time to shower and relax.
- Evening meal – just what you need after a day of Derbyshire air!
- Room inspection – prizes to be won!
- Evening activities – Talent show, (teddies included!), supervised free play within the enclosed grounds of the centre and songs around a campfire with marshmallows and hot chocolate! (weather permitting)

Accommodation.

- The bedrooms vary in size, ranging from 4 to 12 children in a room together.
- There is a mixture of single and bunk beds (top bunk has a secure safety rail)
- The bedrooms are colour coded with corresponding bathrooms adjacent.
- Each bathroom may only be used by children from the same room.
- There are plenty of showers, toilets and wash basins in each bathroom.
- Children will be expected to shower after every activity and will be given time to do so.
- There will be a member of staff from school sleeping in a room adjacent to the children's bedrooms.







PLEASE
FLUSH
TOILET
AFTER
EACH USE



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Useful Information

- No mobile phones or electronic games.
- A maximum of £5 in pound coins or smaller change to spend in the site shop. Please send in a named purse/wallet.
- No sweets or snacks, (except for the Wednesday packed lunch) there will be a plentiful supply and food is NOT allowed in the dormitories.
- Please label all clothing and belongings.
- The centre is able to provide waterproof outer clothing and footwear. It is our recommendation that you take advantage of this.
- When packing, a suitcase or large sports bag is fine. Please try to pack with your child so they know what they have brought!
- Children are expected to attempt to make their own beds. This will involve putting on a pillowcase, sheet and duvet cover.....

Safety

- Coach with seat belts.
- Back up vehicle at the centre
- Sole use of Duke's Barn facilities.
- Doors locked at night with a quick release from inside.
- Doors are alarmed.
- Activity Groups of 10 children, each with at least 2 adults.
- The instructors are highly qualified and experienced. They work with children of varying ages and abilities and are trained to provide gentle encouragement where necessary. No child will be forced to try anything they don't feel comfortable with.
- Each activity has a specific risk assessment in extremely thorough detail informed also by weather and weekly local knowledge.
- A teacher will sleep in a separate room on each floor but no more than 10 metres from the children.

Kit List

- Two bath towels
- Toilet bag containing: toothbrush, toothpaste, soap, hairbrush, flannel etc
- Pyjamas
- Minimum four pairs socks and underwear
- Four/five t-shirts
- Fleece/warm short length coat
- At least three sweatshirts or fleeces or jumpers
- At least three pairs of trousers for the activities (not jeans)
- Clothes for the evenings (jeans etc)
- Swimming costume/trunks to be worn under clothes during wet activities
- Sun cream
- Waterproof jacket and trousers if you want to bring your own (otherwise supplied by Dukes Barn).
- Wellies if you have them (otherwise supplied by Dukes Barn).
- A pair of trainers for outside activities.
- Old trainers/canvas shoes/plimsolls for canoeing
- Indoor footwear (slippers/crocs/clean trainers)
- Named black bin bag for dirty/wet clothes
- Teddy!
- A named water bottle
- **Please label your child's clothes and suitcase. This will be very helpful.**
- **Talent show props (optional)**

Other useful Items

- Book/comic/puzzle book
- Disposable camera
- Wallet/purse
- Pocket money (£5 maximum in coins please)

Children will NOT be allowed to take photographs in the dormitories.

What NOT to pack

- Mobile phones/electronic games
- Jewellery
- Expensive clothes or footwear

Thank you!

Medical Info and Contact Details

- * Allergies
- * Specific Needs
- * Medication
- * Travel Sickness
- * Diets















